

SRE Supplementary Lessons

To be taught within the Jigsaw PSHE Scheme of Work

Year	Learning Objectives	Discussion/Activities
Reception	<p>Lesson 1: Extension to Jigsaw Puzzle 6:1 (Changing Me: My Body) To be able to name the private parts of the body. (Penis, vagina) To understand that no-one touches you without your permission. To know to tell a trusted adult if they do, or if you feel sad or uncomfortable.</p> <p>Lesson 2: Understand that they must only go on the internet with adult supervision.</p>	<p>Lesson 1: Add to body part labels on pictures in the Jigsaw scheme with 'penis' 'vagina' 'chest' 'mouth'. Explain that these are private areas. What does 'private' mean? Discuss that they don't show other people their under-clothes private parts or reveal them in public. Discuss that they have control of their own bodies and that no-one can touch their private parts without their permission. Discuss that sometimes a Doctor or parent might need to look if there is a problem, and that that is OK. What is good touching? Think of examples. What is bad touching? (Anything that makes you feel uncomfortable.)</p> <p>Lesson 2: What is the internet? How do you use it? Why do you need to be safe on the internet? Explain that the internet can link people from all over the world, of all ages, and that some of them will be good people but some of them are not. Explain that you do not know if someone is who they say they are and that you should not talk to people on the internet without a parent present. Explain that it is not safe to give information about yourself on the internet. Show children possible things they might do on the internet and sort them into 'safe' and 'not safe'.</p>
Year 1	<p>Lesson 1: Know that boys and girls are equally capable and valuable.</p> <p>Lesson 2: To understand stranger danger.</p>	<p>Lesson 1: What can girls do that boys can't? What about the other way around? Discuss that everyone is equally capable and valuable, but some people might have specific strengths and talents – these are not gender specific. Show children some examples of activities/jobs/tasks and ask them if they are for girls, boys or both. Challenge any stereotypes that might emerge with countering examples.</p> <p>Lesson 2: Are all people good? Discuss that while most people are good, some people are not and we need to try and keep ourselves safe. What should you do if a stranger approaches you? What if it is someone you know, but your parent hasn't told you</p>

	<p>Lesson 3: To know how to keep yourself safe online. Know what to do if you are not sure if something or someone is safe.</p>	<p>that you will be seeing them? Ensure that children know that they do not accept anything from or go with adults when their parent/carer is not there or without direct permission from them. (i.e. Do not believe 'Your Mum says it's ok,' or similar. Give children examples of scenarios to sort into 'OK' and 'Not OK.'</p> <p>Lesson 3: Are you safe online? What kinds of things do you do on the internet? What do you use it for? How can it be dangerous if you are staying in your own home? Explain that anyone could link up to your computer, you don't know if they are a child or an adult, safe or dangerous and that you must never give out any details about yourself, your family or your friends. Discuss what to do if you are not sure about something you see or someone who has contacted you. Discuss telling a safe adult.</p>
Year 2	<p>Lesson 1: To know how to stay safe on the internet. To know not to give out personal details on the internet. To know what to do if you are approached online.</p>	<p>Lesson 1: How do you use the internet? Why do you use the internet? Where do you use the internet? Who supervises you? Why do you think adults need to monitor what you are looking at? Do you contact other people online? Who? How can you tell people are who they say they are? <i>Can</i> you? What information should you keep private on the internet? (Anything personal: name, address, school, photos etc.) Should you, at your age, be communicating with other people on the internet? Who? Why? Who can you tell if something makes you uncomfortable or if you are contacted by someone online?</p>
Year 3	<p>Lesson 1: To know how to stay safe on the internet. To know not to give out personal details on the internet. To know what to do if approached online. To understand that online and other computer games have age restrictions in order to protect children.</p>	<p>Lesson 1: How do you use the internet? Why do you use the internet? Where do you use the internet? Who supervises you? Why do you think adults need to monitor what you are looking at? Discuss why certain films and games have age restrictions. Do you contact other people online? Who? How can you tell people are who they say they are? <i>Can</i> you? What information should you keep private on the internet? (Anything personal: name, address, school, photos etc.) Should you, at your age, be communicating with other people on the internet? Who? Why? Who can you tell if something makes you uncomfortable or if you are contacted by someone online?</p>
Year 4	<p>Lesson 1: To know that once a picture/post is on the internet then you no longer have control of it and it can be made public</p>	<p>Lesson 1: Show the NSPCC videos about Alex and Lucy and discuss. Consider the implications of what they are doing. What should they have done at different</p>

	<p>without your permission.</p> <p>To understand that contacts on the internet might not be who they say they are – they may be dangerous/predatory adults.</p> <p>To understand that online and other computer games have age restrictions in order to protect children.</p>	<p>points?</p> <p>Discuss telling a trusted adult.</p> <p>Discuss why certain games/films might have age restrictions.</p>
Year 5	No additional lessons required. All SRE objectives are covered within the Jigsaw programme.	
Year 6	Extra detail may be required, depending on the questions raised by children in the SRE specific sessions and the maturity of the year group.	